

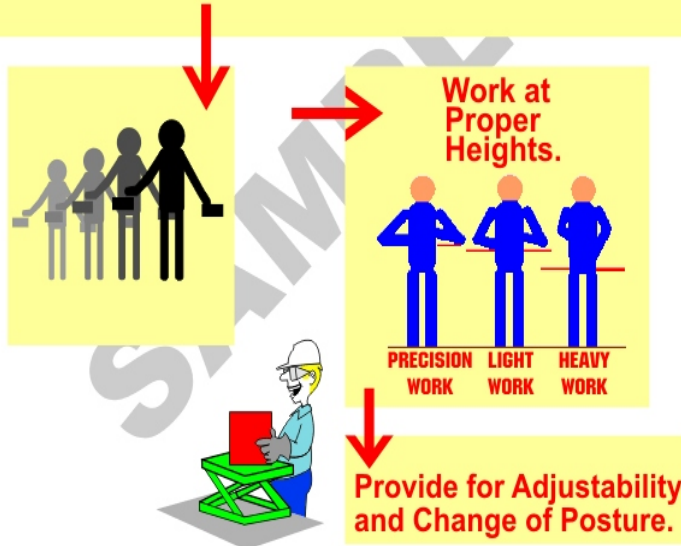
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TIPS FOR:

SHOP ERGONOMICS

1. DON'T COMPROMISE YOUR BODY.
2. USE PROPER LEVERAGE.
3. HAVE A FIRM GRIP.
4. **AVOID PROLONGED REPETITIVE MOTION.**



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