

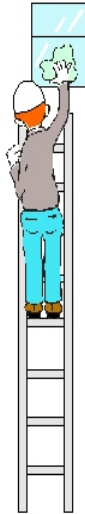
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## WHAT YOU SHOULD KNOW about LADDER SAFETY!

### COMMON SAFETY PRACTICES:

- ✓ **CHOOSE THE RIGHT LADDER.**
- ✓ **CHECK CONDITION OF LADDER BEFORE USE.**
- ✓ **ENGAGE ALL LADDER LOCKS.**
- ✓ **USE 4-TO-1 RULE** (for every 4 feet of ladder height, position the ladder's base 1 foot away from the vertical support).
- ✓ **SECURE** (tie off) **THE LADDER AS CLOSE TO THE TOP AS YOU CAN.**
- ✓ **EXTEND THE LADDER AT LEAST 3 FEET ABOVE THE SUPPORTING EDGE WHEN CLIMBING ONTO A ROOF OR PLATFORM.**
- ✓ **FREE HANDS** WHEN CLIMBING. CARRY TOOLS, PARTS, ETC., IN AN APRON OR BELT OR RAISE AND LOWER THEM BY A HAND LINE. HOOK EQUIPMENT ON A RUNG WHILE YOU WORK.
- ✓ **DO NOT LEAN OR STRETCH TO REACH YOUR OBJECT WORK AREA, MOVE THE LADDER.**



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PARTNERS IN SAFETY  
AND LOSS CONTROL  
STEP UP TO SAFETY...  
USE A LADDER THE RIGHT WAY!

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