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PREVENT BACK INJURY WITH THESE SIMPLE RULES.

GET A GOOD GRIP!

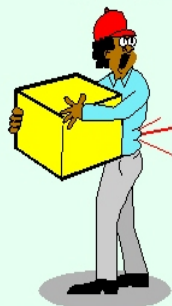


BACK STRAIGHT LIFT WITH LEGS.



BE ABLE TO SEE WHERE YOU ARE GOING.

TWIST INJURY...

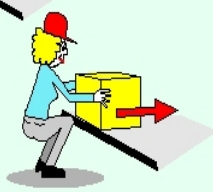


DO NOT TURN BODY, MOVE FEET FIRST.



TO UNLOAD BEND YOUR KNEES AND LET YOUR LEGS DO THE WORK.

KEEP FINGERS CLEAR THEN SLIDE.



SAMPLE

ORDER #GG79

PARTNERS IN SAFETY AND LOSS CONTROL
IF IT'S TOO BIG OR TOO HEAVY, GET HELP!

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